



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Arnold-Klatt, Manuela

Club: BTC-Herne

Number: 2033

Course: 18.00 km

Walking

Total time: 2:13:09

Speed: 8.11 km/h

metres in height up: 640

Course score: 27.60

performance score: 224 Points