



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Kirsch, Helga

Club: SV Menden

Number: 2031

Course: 18.00 km

Walking

Total time: 2:14:09

Speed: 8.05 km/h

metres in height up: 640

Course score: 27.60

performance score: 222 Points