



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

betz, daniel

Club: wt-soest

Number: 2510

Course: 18.00 km

Nordic Walking

Total time: 2:18:38

Speed: 7.79 km/h

metres in height up: 640

Course score: 27.60

performance score: 215 Points