



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Gallwitz, Manfred**

Club: TBS-Herne

Number: 2517

Course: 18.00 km

Nordic Walking

Total time: 2:19:00

Speed: 7.77 km/h

metres in height up: 640

Course score: 27.60

performance score: 214 Points