



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Olk, Hartmut

Club: Koronarsportverein Distel-Walker

Number: 2507

Course: 18.00 km

Nordic Walking

Total time: 2:19:08

Speed: 7.76 km/h

metres in height up: 640

Course score: 27.60

performance score: 214 Points