



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

#### Bajorat, Marina

Club: Tvk Kierspe

Number: 1607

Course: 13.00 km

Nordic Walking

Total time: 2:16:09

Speed: 5.73 km/h

metres in height up: 414

Course score: 19.21

performance score: 110 Points