



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Hälker, Susanne

Club: Hohe Ward Gazellen/TuS Hiltrup

Number: 2023

Course: 18.00 km

Walking

Total time: 2:23:14

Speed: 7.54 km/h

metres in height up: 640

Course score: 27.60

performance score: 208 Points