



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Fiedler, Claudia

Club: LG Ahlen

Number: 2035

Course: 18.00 km

Walking

Total time: 2:23:46

Speed: 7.51 km/h

metres in height up: 640

Course score: 27.60

performance score: 207 Points