



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Labinski, Roland

Club: Herne

Number: 2021

Course: 18.00 km

Walking

Total time: 2:25:19

Speed: 7.43 km/h

metres in height up: 640

Course score: 27.60

performance score: 205 Points