



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Kochskämper, Siegfried

Club: Beckum

Number: 2516

Course: 18.00 km

Nordic Walking

Total time: 2:25:28

Speed: 7.42 km/h

metres in height up: 640

Course score: 27.60

performance score: 205 Points