



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Steinbrecher, Heinz

Club: DJK Eintracht Lüdenscheid

Number: 2502

Course: 18.00 km

Nordic Walking

Total time: 2:27:29

Speed: 7.32 km/h

metres in height up: 640

Course score: 27.60

performance score: 202 Points