



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

betz, andrea

Club: wt-soest

Number: 2535

Course: 18.00 km

Nordic Walking

Total time: 2:28:45

Speed: 7.26 km/h

metres in height up: 640

Course score: 27.60

performance score: 200 Points