



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Gies, Torsten

Club: BSG Delphi Draka

Number: 2524

Course: 18.00 km

Nordic Walking

Total time: 2:31:14

Speed: 7.14 km/h

metres in height up: 640

Course score: 27.60

performance score: 197 Points