



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Dreßen, Joachim**

Club: EscarGOts Bochum

Number: 2553

Course: 18.00 km

Nordic Walking

Total time: 2:32:29

Speed: 7.08 km/h

metres in height up: 640

Course score: 27.60

performance score: 195 Points