



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Beinborn, Stefan**

Club: LG Halver-Schalksmühle

Number: 2551

Course: 18.00 km

Nordic Walking

Total time: 2:32:45

Speed: 7.07 km/h

metres in height up: 640

Course score: 27.60

performance score: 195 Points