



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Friedrich, Brigitte

Club: LG Halver-Schalksmühle

Number: 2559

Course: 18.00 km

Nordic Walking

Total time: 2:32:52

Speed: 7.06 km/h

metres in height up: 640

Course score: 27.60

performance score: 195 Points