



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Gallwitz, Michaela

Club: TBS-Herne

Number: 2539

Course: 18.00 km

Nordic Walking

Total time: 2:35:43

Speed: 6.94 km/h

metres in height up: 640

Course score: 27.60

performance score: 192 Points