



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Holthaus, Stefanie

Club: T.V. Friesen Telgte

Number: 2022

Course: 18.00 km

Walking

Total time: 2:40:26

Speed: 6.73 km/h

metres in height up: 640

Course score: 27.60

performance score: 186 Points