



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

schweng, gisela

Club: wt-soest

Number: 2534

Course: 18.00 km

Nordic Walking

Total time: 2:45:39

Speed: 6.52 km/h

metres in height up: 640

Course score: 27.60

performance score: 180 Points