



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Nolte, Bärbel

Club: Turbo Schnecken Lüdenscheid

Number: 2543

Course: 18.00 km

Nordic Walking

Total time: 3:08:12

Speed: 5.74 km/h

metres in height up: 640

Course score: 27.60

performance score: 158 Points