



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Vöbel, Liesel

Club: Turbo Schnecken Lüdenscheid

Number: 7518

Course: 7.25 km

Nordic Walking

Total time: 1:09:45

Speed: 6.02 km/h

metres in height up: 269

Course score: 11.04

performance score: 70 Points