



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Gebauer, Helga

Club: Turbo Schnecken Lüdenscheid

Number: 7525

Course: 7.25 km

Nordic Walking

Total time: 1:11:04

Speed: 5.91 km/h

metres in height up: 269

Course score: 11.04

performance score: 69 Points