



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Ahrendt, Kirstin

Club: Laufteam Gescher

Number: 7515

Course: 7.25 km

Nordic Walking

Total time: 1:12:27

Speed: 5.80 km/h

metres in height up: 269

Course score: 11.04

performance score: 68 Points