



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Walzmer, Uwe**

Club: 1 FC Köln

Number: 7553

Course: 7.25 km

Nordic Walking

Total time: 1:00:37

Speed: 6.93 km/h

metres in height up: 269

Course score: 11.04

performance score: 81 Points