



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Hingst, Doris

Club: Koronarsportverein Distel-Walker

Number: 7512

Course: 7.25 km

Nordic Walking

Total time: 1:16:30

Speed: 5.49 km/h

metres in height up: 269

Course score: 11.04

performance score: 64 Points