



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Osten, Marc

Club: ESCHA

Number: 7502

Course: 7.25 km

Nordic Walking

Total time: 1:22:29

Speed: 5.09 km/h

metres in height up: 269

Course score: 11.04

performance score: 59 Points