



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Grewe, Margit

Club: TuS Neuenrade / Fit on Feet

Number: 7534

Course: 7.25 km

Nordic Walking

Total time: 1:26:39

Speed: 4.85 km/h

metres in height up: 269

Course score: 11.04

performance score: 57 Points