



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Gadomski, Karsten

Club: ESCHA

Number: 1533

Course: 13.00 km

Nordic Walking

Total time: 1:42:13

Speed: 7.63 km/h

metres in height up: 414

Course score: 19.21

performance score: 147 Points