



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Zeiger, Thomas

Club: LT Alteburg Arnstadt
Number: 887

Course: 10.00 km
Hauptlauf

Category:
Männer M35

Total time: 41:56

Speed: 14.31 km/h
Running performance: 4:11 min/km

Rank in course/Total: 22 (of 114)

Rank in course/Men: 21 (of 87)

Best time in course: 35:32

Rank in category: 2(of 12)

Best time in the category: 39:08