



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Herzberg, Anna

Club: Katholische Laufjugend Arnstadt
Number: 821

Course: 10.00 km
Hauptlauf

Category:
Frauen W20

Total time: 42:26

Speed: 14.14 km/h
Running performance: 4:14 min/km

Rank in course/Total: 23 (of 114)

Rank in course/Women: 2 (of 27)

Best time in course: 39:21

Rank in category: 1(of 3)

Best time in the category: 42:26