



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Amendt, Philipp

Club: SV Arnstadt/Rudisleben
Number: 898

Course: 10.00 km
Hauptlauf

Category:
Männer M20

Total time: 44:38

Speed: 13.44 km/h
Running performance: 4:28 min/km

Rank in course/Total: 33 (of 114)

Rank in course/Men: 30 (of 87)

Best time in course: 35:32

Rank in category: 7(of 13)

Best time in the category: 35:32