



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Kohl, Veit

Club: Langewiesen
Number: 830

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 44:39

Speed: 13.44 km/h
Running performance: 4:28 min/km

Rank in course/Total: 34 (of 114)

Rank in course/Men: 31 (of 87)

Best time in course: 35:32

Rank in category: 5(of 16)

Best time in the category: 37:16