



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt
Number: 803

Course: 10.00 km
Hauptlauf

Category:
Männer M50

Total time: 44:46

Speed: 13.40 km/h
Running performance: 4:29 min/km

Rank in course/Total: 36 (of 114)

Rank in course/Men: 32 (of 87)

Best time in course: 35:32

Rank in category: 3(of 8)

Best time in the category: 39:01