



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Meier, René

Club: 1. SV Dienstedt-Hettstedt
Number: 123

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 46:43

Speed: 12.84 km/h
Running performance: 4:40 min/km

Rank in course/Total: 49 (of 114)

Rank in course/Men: 45 (of 87)

Best time in course: 35:32

Rank in category: 6(of 16)

Best time in the category: 37:16