



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Höpfner, Thomas

Club: RSV Ilmenau
Number: 823

Course: 10.00 km
Hauptlauf

Category:
Männer M50

Total time: 46:47

Speed: 12.83 km/h
Running performance: 4:41 min/km

Rank in course/Total: 50 (of 114)

Rank in course/Men: 46 (of 87)

Best time in course: 35:32

Rank in category: 5(of 8)

Best time in the category: 39:01