



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Kneise, Justus

Club: Katholische Laufjugend Arnstadt
Number: 866

Course: 10.00 km
Hauptlauf

Category:
Männer M20

Total time: 47:09

Speed: 12.73 km/h
Running performance: 4:43 min/km

Rank in course/Total: 54 (of 114)

Rank in course/Men: 50 (of 87)

Best time in course: 35:32

Rank in category: 12(of 13)

Best time in the category: 35:32