



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

Eichel, Knut

Club: Geschwenda  
Number: 792

Course: 10.00 km  
Hauptlauf

Category:  
Männer M35

Total time: 47:21

Speed: 12.67 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 56 (of 114)

Rank in course/Men: 51 (of 87)

Best time in course: 35:32

Rank in category: 6(of 12)

Best time in the category: 39:08