



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Braunschweig, Marion

Club: WSV Ilmenau
Number: 809

Course: 10.00 km
Hauptlauf

Category:
Frauen W50

Total time: 48:17

Speed: 12.43 km/h
Running performance: 4:50 min/km

Rank in course/Total: 60 (of 114)

Rank in course/Women: 6 (of 27)

Best time in course: 39:21

Rank in category: 1(of 2)

Best time in the category: 48:17