



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Fleischer, Heimbart

Club: Katholische Laufjugend Arnstadt
Number: 813

Course: 10.00 km
Hauptlauf

Category:
Männer M50

Total time: 50:54

Speed: 11.79 km/h
Running performance: 5:05 min/km

Rank in course/Total: 76 (of 114)

Rank in course/Men: 67 (of 87)

Best time in course: 35:32

Rank in category: 7(of 8)

Best time in the category: 39:01