



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Pflügner, Christiane

Club: Arnstadt
Number: 892

Course: 10.00 km
Hauptlauf

Category:
Frauen W35

Total time: 51:04

Speed: 11.75 km/h
Running performance: 5:07 min/km

Rank in course/Total: 78 (of 114)

Rank in course/Women: 11 (of 27)

Best time in course: 39:21

Rank in category: 1(of 3)

Best time in the category: 51:04