



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Stüber, Lars

Club: Weimar
Number: 130

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 51:05

Speed: 11.75 km/h
Running performance: 5:07 min/km

Rank in course/Total: 79 (of 114)

Rank in course/Men: 68 (of 87)

Best time in course: 35:32

Rank in category: 12(of 16)

Best time in the category: 37:16