



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Hille, Helmut

Club: Haarhausen
Number: 862

Course: 10.00 km
Hauptlauf

Category:
Männer M55

Total time: 54:35

Speed: 10.99 km/h
Running performance: 5:28 min/km

Rank in course/Total: 92 (of 114)

Rank in course/Men: 74 (of 87)

Best time in course: 35:32

Rank in category: 4(of 5)

Best time in the category: 43:05