



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

**Schulz, Martin**

Club: LGS Laufgemeinschaft Siegelbach  
Number: 880

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 55:36

Speed: 10.79 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 97 (of 114)

Rank in course/Men: 78 (of 87)

Best time in course: 35:32

Rank in category: 8(of 8)

Best time in the category: 39:01