



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Preuße, Jürgen

Club: Dynamo Arnstadt
Number: 876

Course: 10.00 km
Hauptlauf

Category:
Männer M55

Total time: 55:50

Speed: 10.75 km/h
Running performance: 5:35 min/km

Rank in course/Total: 100 (of 114)

Rank in course/Men: 80 (of 87)

Best time in course: 35:32

Rank in category: 5(of 5)

Best time in the category: 43:05