



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Ritter, Anke

Club: SSV Erfurt 02
Number: 888

Course: 10.00 km
Hauptlauf

Category:
Frauen W45

Total time: 56:26

Speed: 10.63 km/h
Running performance: 5:38 min/km

Rank in course/Total: 101 (of 114)

Rank in course/Women: 21 (of 27)

Best time in course: 39:21

Rank in category: 7(of 9)

Best time in the category: 49:11