



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

**Kühn, Sabine**

Club: Arnstadt  
Number: 869

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 59:28

Speed: 10.09 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 106 (of 114)

Rank in course/Women: 26 (of 27)

Best time in course: 39:21

Rank in category: 5(of 5)

Best time in the category: 44:42