



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Kaps, Hella

Club: Arnstadt
Number: 794

Course: 10.00 km
Hauptlauf

Category:
weibliche Jugend A

Total time: 1:02:14

Speed: 9.64 km/h
Running performance: 6:13 min/km

Rank in course/Total: 109 (of 114)

Rank in course/Women: 27 (of 27)

Best time in course: 39:21

Rank in category: 5(of 5)

Best time in the category: 39:21