



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

**Keller, René**

Club: VfB Elleben 1997 e.V.  
Number: 827

Course: 10.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:03:18

Speed: 9.48 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 111 (of 114)

Rank in course/Men: 84 (of 87)

Best time in course: 35:32

Rank in category: 14(of 16)

Best time in the category: 37:16