



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Quiring, Matthias

Club: Alpinkater
Number: 796

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:11:29

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 114 (of 114)

Rank in course/Men: 87 (of 87)

Best time in course: 35:32

Rank in category: 16(of 16)

Best time in the category: 37:16