



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Krugel, Bendix

Club: SV 21 Marlishausen
Number: 964

Course: 1.20 km
Schüler- und Jedermannlauf

Category:
AK 10 männlich

Total time: 6:25

Speed: 9.35 km/h
Running performance: 5:21 min/km

Rank in course/Total: 21 (of 66)

Rank in course/Men: 14 (of 32)

Best time in course: 4:52

Rank in category: 4(of 6)

Best time in the category: 5:33